

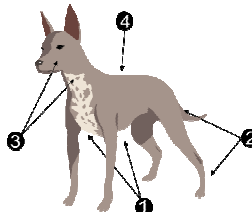
# Maintenance Bathing Instructions

IV SAN BERNARD<sup>usa</sup>  
HEALTH is BEAUTY



Maintenance bathing and hydrating for pets with healthy coats using the traditional line products. Lemon-Short Coats. Banana-Medium Coats and most cats. Green Apple-Long Coats. Talc for Pups under 6 mos. Green Tomato-Seniors.

## STEP 1: SHAMPOO

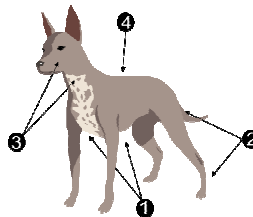


In a mixing bowl whisk 1 part shampoo with 3 parts water. Amount varies by size of pet.

Apply the shampoo: 1. belly & chest 2. legs and feet 3. neck & face 4. back. Let soak for 5 full minutes. These are the sebaceous areas where most of the toxins enter the pet's system.

Rinse well until the water runs clear in the order you bathed. Do one final rinse between the toes and foot pads for optimal results

## STEP 2: HYDRATION



In a mixing bowl whisk 1 part conditioner with 3 parts water. Amount varies by size of pet. Skin supplements (if needed) should be added at this stage-see below.

Apply the conditioner. 1. belly & chest 2. legs and feet 3. neck & face 4. back. Let soak for 5 full minutes. This will add the oils and sebum back into the sebaceous areas to help protect areas where toxins enter the pet's system.

Rinse well until the water runs clear in the order you bathed. Do one final rinse between the toes and foot pads for optimal results

## ADDING SKIN SUPPLEMENTS & NUTRIENTS

During the Hydration Step you may add any or all of the below supplements based on the pet's individual needs.



**PEK**—Collagen based product that helps hold hydration and aids in de-tangling. Great for long and medium coated pets. Whisk in 1-2 pumps to hydration step depending on size of pet.



**ARGAN OIL**  
Anti-oxidant, nourishing food that feeds the skin. Absorbs quickly. Add 3-6 drops to hydration step. Use sparingly w/white pets as it is a rich yellow color.



**GINKGO OIL**—  
Helps regulate sebum production. Can add 6-8 drops to hydration step.



**OZONIZED (O3) OLIVE OIL**—  
Anti-bacterial properties. Can add 6-8 drops to hydration step.